

### **Women's cell**

The National Policy for Empowerment of Women (2001), Government of India, had emphasized the elimination of discrimination and all forms of violence against women in both the public and the private sphere. Institutions and mechanisms/schemes for assistance are to be created and strengthened for prevention of such violence including sexual harassment at workplace. The cell was established in 2011-12 for promoting gender equality and gender justice in all its intervention and practices. The aim of the cell is to enhance understanding of issues related to women and to make the college campus a safe place for them. With this aim in sight the cell organizes and participates in seminars, talks and also takes up women's issues and problems. It also provides a platform for women to share their experiences and views regarding their status in the society and to suggest ways to improve and empower themselves. Aiming at intellectual and social upliftment of the female students, the cell stands for facilitating women's empowerment through guest lectures, seminars, awareness programmes life skill training programmes, entrepreneur training and other welfare activities.

### **Vision**

To empower women in all spheres of life, enabling them to become agents of social and economic change and inculcating ethical values for the betterment of self, family and society.

### **Mission**

To train women to acquire wide range of skills and knowledge to develop and increase their social economic and intellectual capacities for peace security and prosperity of mankind.

### **Objectives**

1. Sensitize students on serious gender issues.
2. Generate awareness ensuring holistic education of students.
3. Educate, empower, to share preventive measures against gender bias and sexual harassment of students.
4. To impart knowledge on legal rights of women.

5. To conduct various type of lectures by eminent people.
6. Organise workshops on personality development.

### Activities

1. Regular meetings
2. Career guidance
3. Functioning of a counselling centre
4. Conducting health awareness
5. Arranging classes about community living
6. Celebration of International Women's Day
7. Celebrating different types of women's achievement

### Members

Convener – ShampaLaha .

### Other members

1. Dr. Soma Thakur
2. PampiSiddhanta
3. Tripti Sarkar
4. Bulti Das
5. Sukla Banerjee
6. MadhumitaKundu

*ShampaLaha*  
**Student's Welfare & Women's Cell**  
**Convener**  
Panchthupi ১২১৩২ গৌরীবালা কলেজ  
১১১১ প.ও. পান্চথুপি, ডিস্ট-মুর্শিদাবাদ



## Resolutions

Meeting-no-1 - 4/3/21 (Thursday)

1. According to the celebration all the students are aware about nutrition (poshan).
2. A poster is made for the ceremony.  
wish to be
3. The celebration (seminar) was successful.

Signature  
Convenor - Shambalaha

4/3/21  
Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
Vill+P.O. Panchthupi, Dist. Murshidabad

All members: -

Ahan  
Lidhanta  
Dad  
S. Baris  
Sripti Sankar

Soma Malchopadhyay  
Principal  
Panchthupi Haripada Gouribala College  
Panchthupi, Murshidabad  
4.3.2021



## Resolutions

Meeting no - 2

1. According to the birth ceremony of Begum Rokeya, all the students are aware about her achievements.
2. A poster is made for the ceremony. (9<sup>th</sup> Dec 2021)
3. The ceremony was successful.

Signature  
(convenor) → Shampalaha  
9.12.21

Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
VIII P.O. Panchthupi, Murshidabad

All members. :-

Athan 9.12.21

Biddha 9.12.21

Dal 09.12.21

S. Barzi 09.12.21

Jyoti Sarkar 09.12.21

Soma Mukhopadhyay

Principal  
Panchthupi Haripada Gouribala College  
Panchthupi, Murshidabad

9.12.2021



## Resolutions

### Meeting no- ~~11~~ 3

1. According to the programme all the students are aware about the importance of a girl child.
2. A poster is made for the programme. (24/1/22)
3. The programme was successful.

Signature: — Shampa Laha

(Convenor - Women's Cell)  
Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
Village: Panchthupi, Dist: Murshidabad

### All members: -

Ashani  
Siddha

Dan

S. Barin  
Srupti Sarkar

Soma Mukhopadhyay  
24.1.2022

Principal  
Panchthupi Haripada Gouribala College  
Panchthupi, Murshidabad



## Resolution

### Meeting no-4

1. On behalf of the celebration all the students are aware about International Women's day.
2. A poster is made for the programme.
3. The celebration was successful. (8.3.22)

### Signature

Convenor - Shampa Laha

8.3.22

Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
VIII PO, Panchthupi, Dist-Murshidabad

### All members: -

1. Madhumita Kundu 8.3.2022

2. Alham 8.3.22

3. Siddha 8.3.22

Du 8.3.22

S. Barik 08.03.22

Shripti Sarkar 08.03.22

Soma Mukhopadhyay

8.3.2022

Principal  
Panchthupi Haripada Gouribala College  
Panchthupi, Murshidabad





## PERSONALITY DEVELOPMENT PROGRAMME

Popularity of vocational education & training



RESULT – Nari Alor Pathayatri Seminar- Eminent & Invited speaker Smt Khadija Banu Madam from Begum Rokeya Nari Unnayan Samiti proposed to start a short term course on Work Education for female students to help them in their future job prospects.





As per her concern Panchthupi Haripada Gouribala College organised a programme also, under the supervision of the convener of Students & Welfare cell Smt Shampa Laha, but unfortunately the plan was not implemented successfully due to the lack of proper zeal & enthusiasm among our students

### Counselling Class-

ESULT – we conduct 2 types of counselling programmes

one is under NSS, programme scheduled for 1 week every year, we go to the nearby villages & try to give proper guidance to the students & their respected parents about the need of education in their life's.



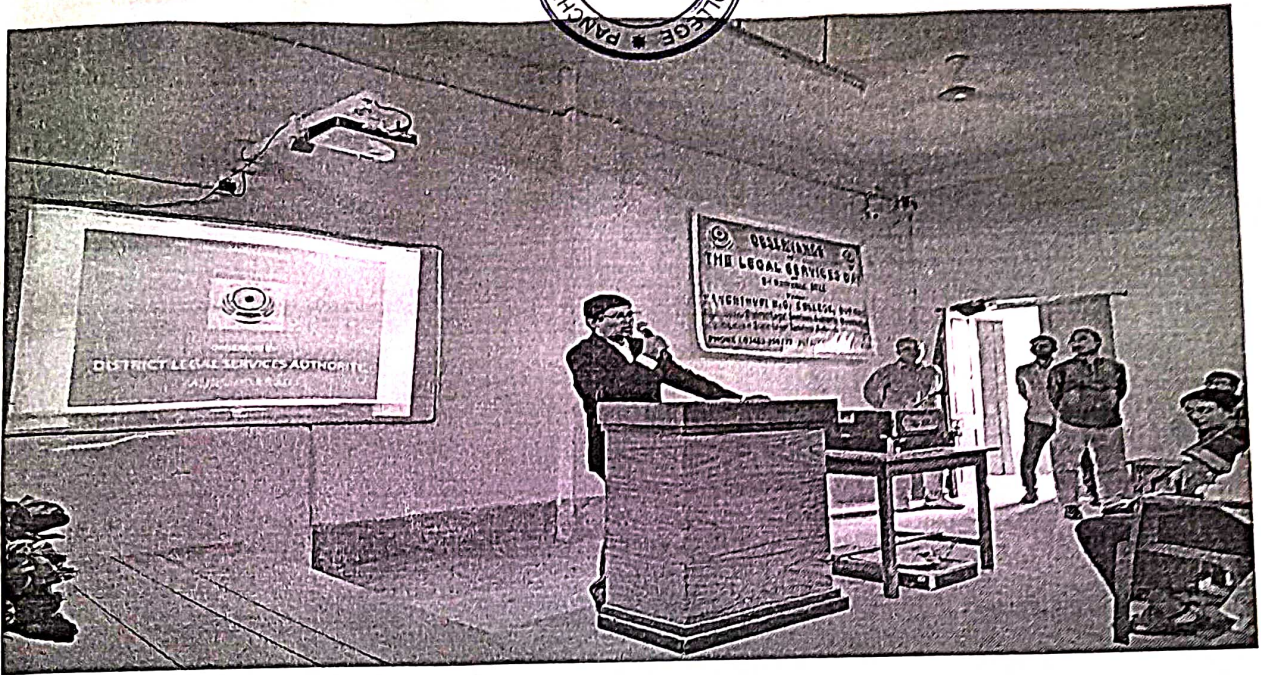


Secondly we conduct different types of programme on Legal facilities & awareness also, under IQAC & Internal complaints committee



Phupra, West Bengal, India  
VXRG+FWM, Phupra, West Bengal 742161, India  
Lat 23.89051°  
Long 87.977076°  
09/11/22 02:12 PM GMT +05:30





### Self defence

RESULT – we spread sports awareness among female students, we organised different types of activities like

A. Racing

B. Javelin Throw

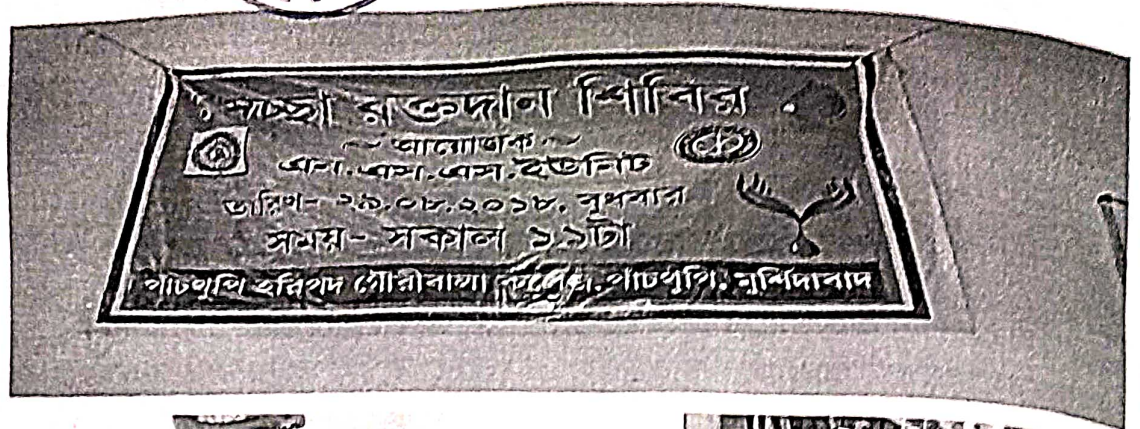
C. High & Long jumps

D. Also organised different types of environment friendly activities like tree plantation & other programmes under the guidance of

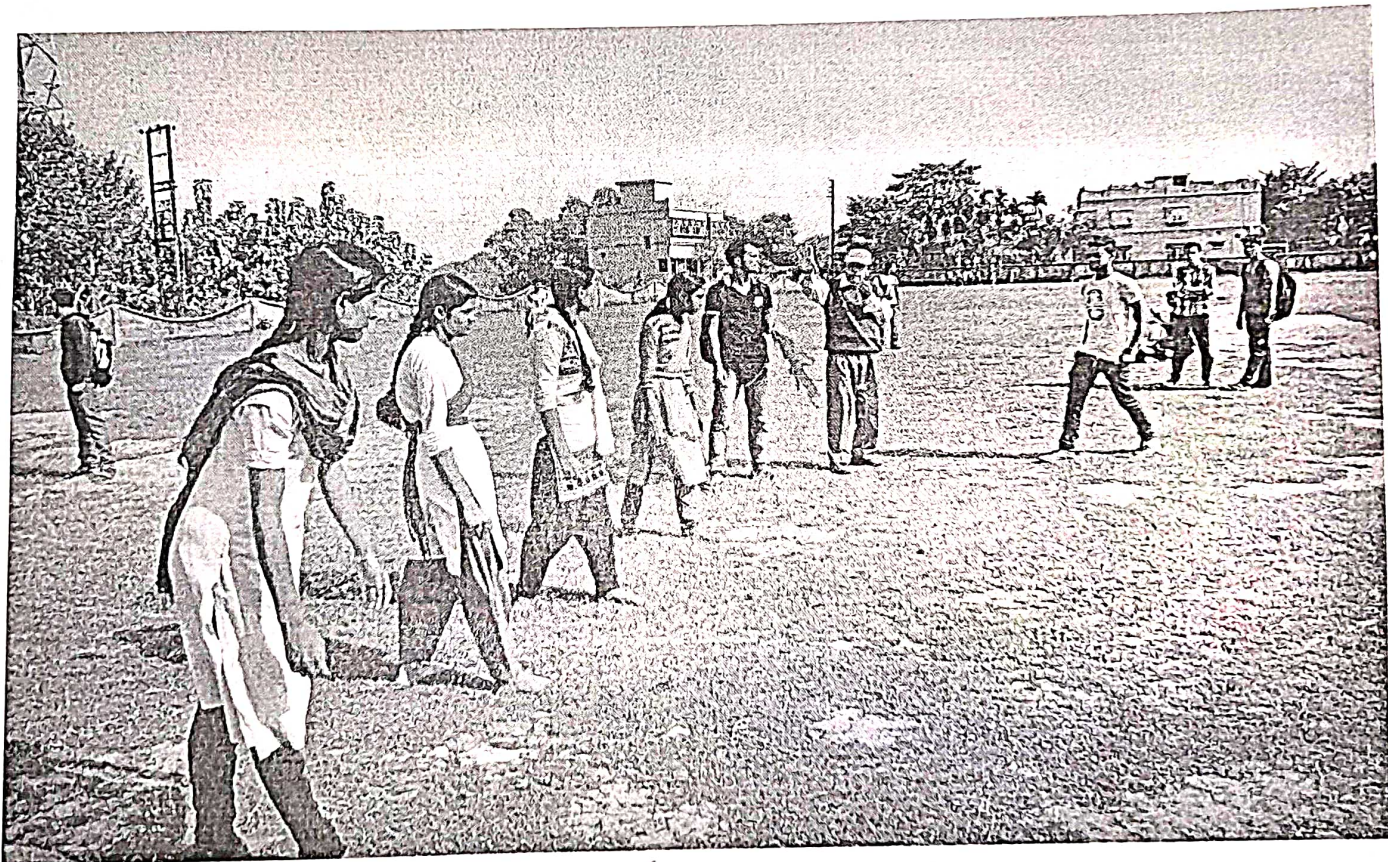
ECO CLUB & Sport's Committee convenor- Sri Rehati Ranjan

Ojha

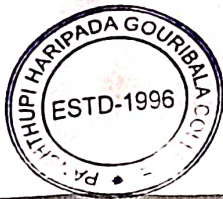
















**RESULT**- Napkin vending machine

& sanitizer tool to maintain women hygiene & proper sanitization

**Yoga classes under instructor Sri Manas Mandal**

**RESULT** – Yoga day celebration & spread proper food & sleeping habits as a resolution among teacher and as well as students.



*Shampa Laha*  
Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
W.A.P.O. Panchthupi, Dist-Murshidabad





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**PANCHTHUPI HARIPADA-GOURIBALA COLLEGE**  
( ESTD. - 1996 )  
P.O. - PANCHTHUPI □ DIST. - MURSHIDABAD  
PIN - 742161

Meeting-3

Ref. ....

Resolutions

Date: 03.03.2023

1. The proceedings of the last meeting are read and confirmed.
2. Convenor Dr.Soma Thakur said that the student's week celebrations were successfully held from 2.1.23 to 11.11.23. A total report of the event has been prepared. The convenor said that this was possible with the initiative of all the members of the cultural committee.
3. It has been decided that this year the Women's Day celebration will be held jointly with the NSS.  
After the ceremony, the report will be prepared under the leadership of the NSS, it has also been decided.

Signature of the members

1. Dr Soma Thakur Soma Thakur.
2. Mihir Kumar Mandal Mihir Kumar Mandal
3. Rebati Ranjan Ojha Rebati Ranjan Ojha
4. Shampa Laha
5. Sukla Banerjee Sukla Banerjee
6. Ram Krishna Das Ram Krishna Das
7. Pampi Siddhantha Pampi Siddhantha
8. Manas Mandal Manas Mandal
9. Nikhil Ghosh Nikhil Ghosh
10. Prasenjit Pal Prasenjit Pal
11. Subir Mondal Subir Mondal
12. Tripti Sarkar Tripti Sarkar
13. Surya kanta Mishra Surya Kanta Mishra
14. Avijit Mandal Avijit Mandal

Shampa Laha  
Student's Welfare & Women's Cell  
Convenor  
Panchthupi Haripada Gouribala College  
VIII+P.O. Panchthupi, Dist-Murshidabad

Mihir Mandal

Signature of the Convenor

**N.S.S.**  
**PROGRAMME OFFICER**  
**PANCHTHUPI H.G. COLLEGE**

Mujir  
Principal  
Panchthupi Haripada Gouribala College  
Panchthupi, Murshidabad





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# PANCHTHUPI HARIPADA-GOURIBALA COLLEGE

( ESTD. - 1996 )

P.O. - PANCHTHUPI □ DIST. - MURSHIDABAD  
PIN - 742161

Ref: .....

Date .....

## A report on NSS special camping program 2023

Panchthupi Haripada Gouribala college organized a seven day long special training program in togra panchthupi 21 /3/23 to 27/3/23. Our principal Dr Soma Mukhopadhyay inaugurated the special camping program with a beautiful and inspiring words before us on the very first day of the above said program.

The NSS camping program commenced on the 21<sup>st</sup> March 2023. Our principal Dr. Soma Mukhopadhyay inaugurated this program with her elegant speech on women empowerment. Dr Soma Dutta, the guest of honour dance to with Rabindra sangeet on the very first day.

### Present members-

1. Pampi Siddhanta Pampi Siddhanta
2. Abhimanyu Dhar Abhimanyu Dhar
3. Manas Mandal Manas Mandal
4. Nikhil Ghosh Nikhil Ghosh
5. Prasenjit Pal Prasenjit Pal
6. Subir Mandal Subir Mandal
7. Ashraful Haque Ashraful Haque
8. Subir Chanda Subir Chanda
9. Hara Prasad Dey Hara Prasad Dey
10. Madhumita Kundu Madhumita Kundu
11. Bulti Das Bulti Das
12. Dr. Soma Thakur Dr. Soma Thakur
13. Dr Mintu Mandal Dr. Mintu Mandal
14. Mihir Kumar Mandal Mihir Kumar Mandal
15. Rebati Ranjan Ojha Rebati Ranjan Ojha
16. Arijit Kundu Arijit Kundu
17. Sukla Banerjee Sukla Banerjee

Mintu Mandal

Shampa Laha  
Student's Welfare & Women's Cell  
Convener  
Panchthupi Haripada Gouribala College  
P.O. Panchthupi Dist. Murshidabad





# ANNUAL REPORT- APALA

2017 - 23



Prepared By:  
**Shampa Laha**

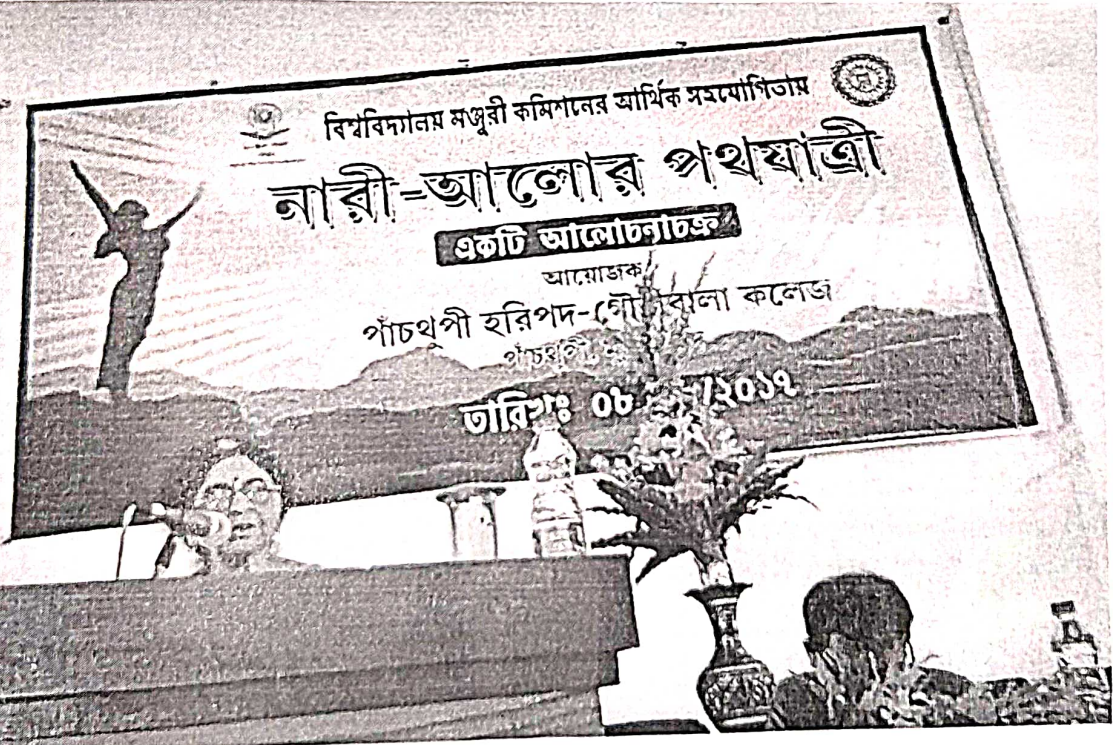




## LIST OF PROGRAMMES

- a. One day UGC sponsored seminar named 'Nari Alor Patha Yatri' organised by Carrier counseling cell of Panchthupi Haripada Gouribala College dated-08/09/2017, 56 students participated in this programme.

Eminent speaker- Smt. Khadija Banu Madam from Begum Rokeya Nari Unnayan Samiti.





- c. Student's welfare cell organized International women's day our college. Dated 08/03/2019 at 2:00 p.m. Total 70 students are present in the programme.

পাঁচখুঁপী হরিপদ গৌরীবালা কলেজ



আন্তর্জাতিক নারী দিবস

০৮/০৩/২০১৯

চক ভাষণ - ড. সোমা মুখোপাধ্যায় (অধ্যক্ষা)

অন্যান্য বক্তাগণ

১. শ্রীমতী সোমা ঠাকুর

২. শ্রী মিন্টু মন্ডল

৩. শ্রী রেবতী রজন ওঝা

ধন্যবাদান্তে শ্রী মিহির কুমার মন্ডল

অনুষ্ঠান পরিচালনায়

শম্পালাহা

কর্ণধার, ছাত্রকল্যাণ সমিতি



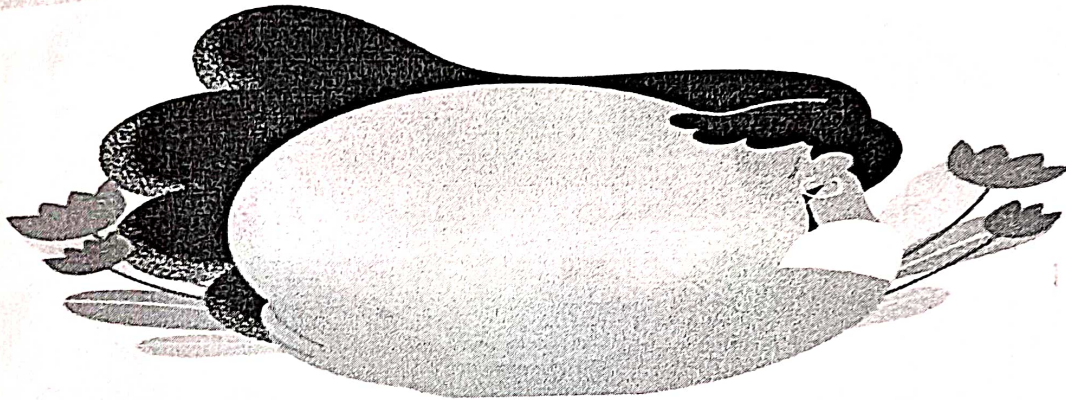


The international women's day on 08/03/2021 organized by Women's Cell of our college, total 64 students are present in the seminar from the various departments. The program started by the introductory speech of Dr Soma Mukhopadhyay. A poster was made on behalf of the programme, by Convenor- Smt Shampa Laha.

Welcome to

**PANCHTHUPI HARIPADA  
GOURIBALA COLLEGE**

*Women's Cell*  
**Formed according to UGC  
SAKSHAM GUIDELINES**



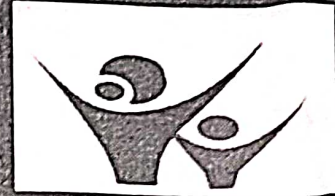




- e. The webinar on Poshan Abhiyan under ministry of women and child Development organised by Panchthupi Haripada Gouribala college dated 30 March 2021 at 3:00 p.m. many student participated in this program in our Google meet. Welcome speech by our principal Dr Soma Mukhopadhyay and the resource speakers -sukla Banerjee, Dr Mintu Mondal, and Mr Ashraful Haque.

CELEBRATION OF POSHAN  
PAKHWADA 2021

# WEBINAR ON POSHAN ABHIYAN



**POSHAN  
Abhiyaan**  
PM's Overarching  
Scheme for Holistic  
Nourishment



सही पोषण - देश रोशन

Under MINISTRY OF WOMEN &  
CHILD DEVELOPMENT (MoWCD)

30 TH MARCH, 2021  
3 P.M

In collaboration with Panchthupi Haripada Gouribala  
College  
'Women's Cell'

1. Welcome Speech - Principal Dr. Soma Mukhopadhyay
2. Resource Speaker - Sushovan Raychaudhury  
(Editor of 'Sreemayee' Patrika & preserver of online little magazines)

Speakers of Our College:

SPEAKER 1- Smt. Sukla Banerjee  
(Dept. Of Bengali)

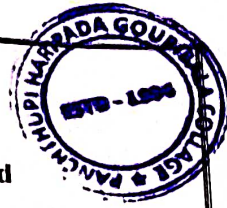
SPEAKER 2- Dr. Mintu Mondal  
(Head of the Dept. Of Political Science)

SPEAKER 3- Mr. Ashraful Haque  
(Dept. of English)

WEBINAR ON GOOGLE MEET AT 3 P.M  
CODE

[meet.google.com/qrc-vyog-gda](https://meet.google.com/qrc-vyog-gda)





- f. 9 December 2021 the birthday celebration of Begum Rokeya. All students and beloved members of our college attained the programme.

9 th December, 2021  
**BIRTHDAY  
CELEBRATION OF  
BEGUM ROQEYA**

All students and beloved members  
of our college are requested to  
join...

ORGANISED BY  
PANCHTHUPI  
HARIPADA  
GOURIBALA  
COLLEGE, WOMEN'S  
CELL

THURSDAY  
AT 1 P.M

বেগম  
রোকেয়ার  
জন্মদিবস  
পালন



পাঁচথুপী মহিলা  
গৌরীবালা কলেজ  
অনুষ্ঠানসূচি

উদ্বোধনী  
সংগীত  
পরিবেশনে  
অধ্যাপিকা  
সোমাতাকু  
রপল্লি  
সিদ্ধান্ত  
বুলটি দাস  
শুভ্রা  
ব্যানার্জি

যত্নতা অধ্যক্ষা সোমা  
মুখোপাধ্যায়


পাঠ্যকার পত্রটি - অধ্যাপিকা শম্পা  
লাহা  
• যত্নতা - অধ্যাপক সিরিষ তুলসী  
দেব  
• সমগ্রি যত্নতা ও সোমামায়-  
অধ্যাপিকা শম্পা লাহা

পরিচালনায়  
নারী কল্যাণ কমিটি  
পাঁচথুপী মহিলা গৌরীবালা কলেজ




- g. Webinar on National Girl Child Day, dated 24<sup>th</sup> January 2022 on google meet, jointly organised by Women's cell & NSS.

**NATIONAL GIRL  
CHILD DAY**



WOMEN  
CHILD  
IS  
NATION'S  
PRIDE

**NATIONAL  
GIRL CHILD  
DAY**



JAN 24<sup>th</sup>

EVERY YEAR NATIONAL GIRL CHILD  
DAY IS CELEBRATED ON JAN 24<sup>th</sup>  
TO HONOUR THE AMERICAN  
WOMEN AND GIRL CHILDREN  
ALL THE INEQUALITIES FACED BY  
THE GIRL CHILD WITHIN THE  
SOCIETY

**Panchthupi Haripada Gouribala College  
Celebration of National Girl Child Day 24th  
January 2022, Monday 6 p.m.**

Google meet link- <https://meet.google.com/zgj-evde-asp>

Jointly organised by NSS unit and women's cell

Program schedule :

1. Welcome song by Mr. Subir Chanda  
Department of Environmental Studies
2. Welcome Speech : Principal Dr. Soma  
Mukhopadhyay
3. Invited/ keynote speaker: Dr Navneeta Basu  
Haque Chitranjan College, Kolkata  
Associate Professor & Head of the department,  
Bengali
4. Special speaker: Dr Mintu Mondal  
Head of the department, Political Science and  
Head of NSS unit
5. Interaction with students and YouTube  
presentation by  
Shampa Laha  
Department of Bengali
6. Thank you speech



- h. International Women's Day 08/03/2022 organized by Dr. Soma Thakur at Panchthupi Haripada Gouribala College Virtual Room named 'Jago Nari Jago Gnanisikha', Started a welcome song and speech by Principal Dr. Soma Mukhopadhyay. The program concluded by a Panel discussion session organized by Dr. Saibal Roy.

**International Women's Day  
08/03/2022**

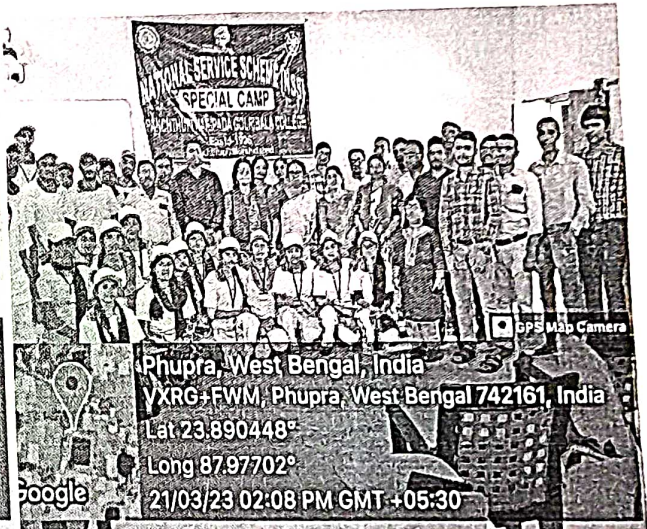
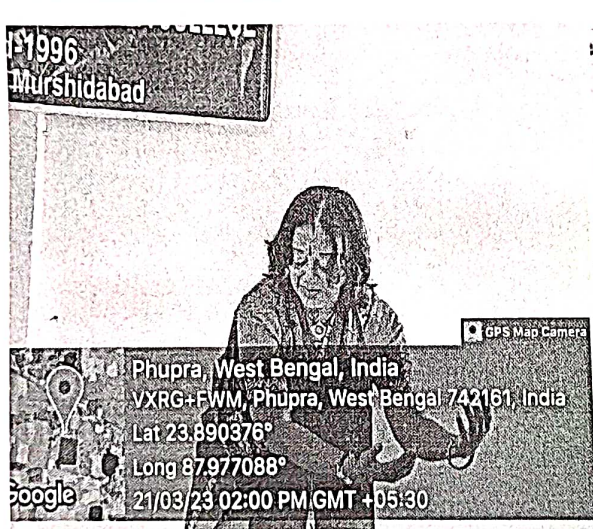
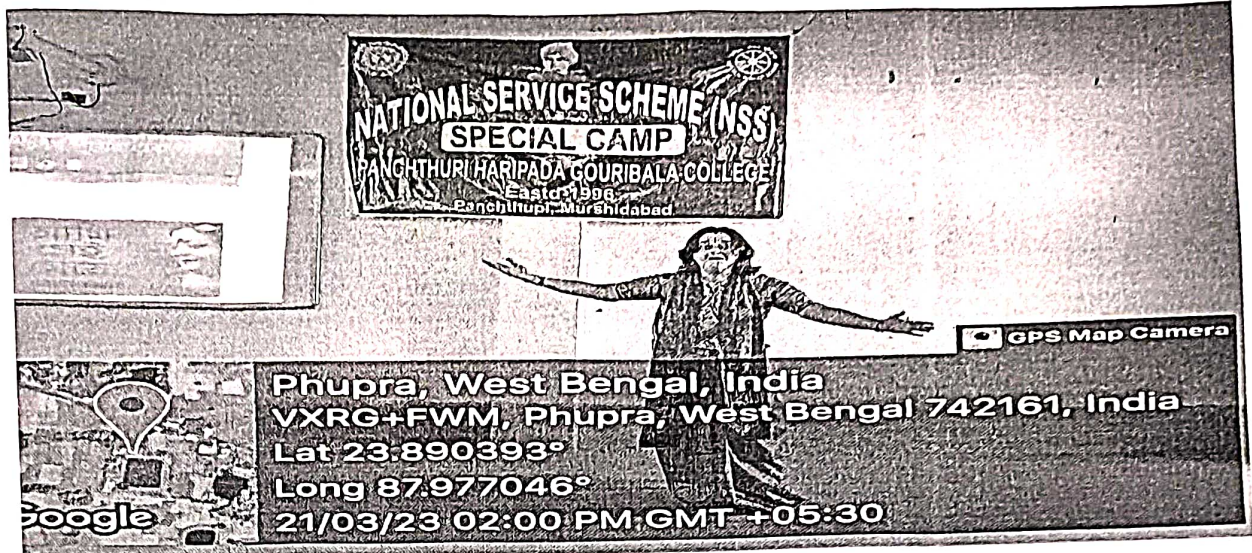
**conducted by Dr. Soma  
Thakur  
Events**

- 1. Welcome Song by Dr. Soma Thakur & Pampi Siddhanta**
- 2. Speech by Principal Dr. Soma mukhopaddhyay**
- 3. Solo song- Sukla Banerjee**
- 4. Poem by Nishat Tasnim Rifah(student)**
- 5. Team song by students**
- 6. Speech by IQAC CONVENOR- Poojithir Kumar Mandal**
- 7. Quiz by Haraprasad Dey & Madhumita Kundu**
- 8. Panel Discussion session**



i. **Special Mention** – A Seven Day Collaboration Programme Jointly Organized By Nss & The Cultural Cell Of Our College- The Very First Day Of The Programme Was Specially Designed For All The Beloved Women’s (Both Teachers & Students Of Our College), A Special Thanks To The Principal Of Kandi Raj College- Dr. Soma Dutta, Murshidabad (Standing Next To Our Nss Convenor Dr. Mintu Mandal (Wearing Blue Shirt) On 21st March 2023

Our beloved Principal Dr Soma Mukhopadhyay inaugurated this program with her fruitful speech on wo men empowerment. Dr. Soma Dutta the guest of honour presented a dance on ‘Ami sei meye’, by famous singer Smt. Bratati Bnadopadhyay.



*Shampalaha*  
**Student's Welfare & Women's Cell**  
**CONVENOR**  
 Panchthupi Haripada Gouribala College  
 Vill+P.O. Panchthupi, Dist. Murshidabad

*Soma*  
**Principal**  
 Panchthupi Haripada Gouribala College  
 Panchthupi, Murshidabad